

10 sustainable tips for on campus



Travel sustainably – could you walk, cycle or use public transport to get to University? Or could you use our car share scheme as a driver or passenger?

Think before you print – it takes nearly half a litre of water to produce 1 sheet of A4 office paper! Could you access materials online or use projector facilities? If you do need to print something, print double sided and two pages or more on one sheet and avoid printing in colour.

Use reusable crockery, cutlery and water bottles and use a reusable cup when buying hot drinks – by doing so you can save money on your drinks at Salfood outlets and at the Students' Union.



Reuse non-confidential scrap paper, envelopes, bags and anything else that could be used again, either in the same or a different way.

Recycle right – cans, tins and plastic bottles (no other plastics) go in the green mixed recycling bins, paper and thin card in the blue paper recycling bins and other items in the general waste (including coffee cups, plastic yoghurt pots etc.). Our recycling page details what to do with other items such as electronics and books.



Switch off non-essential lights, screens, computers and other electrical items when not in use (Ricoh printers should be left on as they need to communicate remotely and they do go into a low energy mode). Think about specialist equipment and also other ways to save energy and water, such as only boiling as much water as you need in the kettle.



Buy responsibly and sustainably - Is the purchase really necessary? Could you fix your current item? Could you borrow or rent something instead? Could you reuse items rather than buying new goods? If you do need to buy new items, could you get something made from recycled content or that is energy efficient? Consider whole life cycle costs including disposal.



Eat green – evidence shows that eating a more plant-based diet is better for the environment. Could you have more vegan or vegetarian meals? Also think about buying local and seasonal produce or Fairtrade products.



Look after and enjoy green spaces – being outside is good for you in so many ways and we are lucky to have Peel Park on our doorstep. If you are particularly interested in the outside spaces on campus, then join our Green Campus Group.



Get involved and help spread the word! Join in with initiatives on campus and talk to others about the importance of living sustainably. If you are a member of staff, could you embed sustainability into your teaching? If you are a student, could you do a piece of work that incorporates sustainability?

