

Centre for Applied Research in Health, Welfare and Policy (CARe)

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WELCOME

The Centre for Applied Research in Health, Welfare & Policy (CARe) is a multi-disciplinary research centre based within the School of Health & Society, University of Salford. After 6 years leading Post Graduate Research within the School of Health and Society, I was delighted to take over the role as CARe Director in March 2019. This has come at a time of change within the School of Health and Society following unification with the School of Health Sciences. Whilst this has been challenging at times, it has also brought a wide range of opportunities to work with researchers from the Centre for Health Science Research, pool our expertise and research environment and work across the School to develop a new research strategy.

Research within CARe seeks to understand the complex challenges facing people, communities, services and places in the 21st Century and is arranged around four groups: Children, Young People & Families (CYP@ Salford), Connected Lives Diverse Realities, Knowledge Health and Place (KHP) and The Sustainable Housing & Urban Studies Unit (SHUSU). We are engaged in work which aims to alleviate health and social injustices, and bring about positive change through engaged research and practice. The CARe approach is grounded in principles of collaboration, co-production and critical analysis in order to support the development of positive changes in health, wellbeing and society.

This newsletter will be available twice a year and aims to share learning from our work and to keep our partners up to date with our various activities. For more up to date news, whilst the web site is under redevelopment, you can also follow our twitter feed: @UoS_CARe

Professor Alison Brettle, Director CARe

WHAT'S NEW?

We have a thriving portfolio of research within CARe, delivered within our research groups and by colleagues from across the Centre. Our work takes place locally, regionally, nationally and internationally, and generates over £1million of research income which we invest in our mission of bringing about positive social change through engaged research and practice. The following segment highlights just some of the projects that we are working on. For more details please see www.salford.ac.uk/ research/care/homepage or @UoSCARe

Connected Lives Diverse Realities

Dr Tina Patel and Dr Laura Connelly published "Post-race' racisms in the narratives of 'Brexit' voters" in The Sociological Review. Based on interviews with Leave voters in Salford, Tina and Laura found that "Whilst restricting immigration was a key motivator of Leave voters in our research, interviewees vehemently rejected accusations of racism. Instead, couching their views in seemingly non-racial ways, they framed their concerns about immigration as a 'legitimate' response to a victimised whiteness." They suggest that this more "palatable" contemporary form of racism contrasts with older, more direct forms. Dr Julie Morton was awarded a grant from the British Association of Social Workers International Development Fund to investigate concepts of race, racism and cultural difference in social work education in England and Norway. The research is underway with student interviews completed in England and interviews with lecturers in Norway. It builds on Julie's 2019 Social Work Education article with Dharman Jeyasingham that examines how racism is understood in literature about black and minority ethnic social work students in Britain.



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SUMMER 19







KNOWLEDGE HEALTH AND PLACE

Wide impact of GMKIN project

The Greater Manchester Kidney Information Network (GMKIN) was set up in 2013 by University of Salford academics Dr Cristina Vasilica, Lecturer/Researcher in Digital Health, and Prof Paula Ormandy. The original project which used social media to create a network to engage kidney patients in managing their own condition has led to a wide range of developments both in terms of additional funding, engaging patients, innovations in using social media in research and developments to other conditions. Recently this has included:

A grant of £36k from Liverpool Regional Dialysis Fund to build on the success of GMKIN to develop an innovative online network for people, and their families, living with CKD in Cheshire and Merseyside (CaMKIN); to foster peer support, communication, information sharing and self-management. CaMKIN had the first network meeting in June.



- A development bid of £48k from the Kidney Patient Involvement Network to fund Patient leaders to manage the network, KPIN.org.uk
- Funding from Kidney Care UK & BRS Joint Grants Programme to investigate the role of social media in the BISTRO clinical research study as a tool to communicate, inform and retain research participants and develop a best practice model of social media use in clinical trials. It targets 550 BISTRO participants across 33 UK sites. BISTRO is a multi-centre, nationwide NIHR funded trial to improve the outcomes of hemodialysis patients. www.keele.ac.uk/bistro/
- Facilitating two digital skills social cafe days for patients with CKD in Greater Manchester and Liverpool. The social cafes form part of "Increasing employability and work opportunities for people managing chronic kidney disease: Digital Skills Pilot Project (CKD-DiSk)" project, which aims to identify sustainable routes into digital training for people managing CKD to facilitate flexible reengagement with the labour market.



- Selection of KPIN as an NIHR Test bed to examine practical application of the NIHR INVOLVE PUblic patient involvement and engagement quality standards. The 12-month project is complete and is currently being written up. Initial results suggest strong impact around the needs of needs of the Kidney community, researchers, and for quality improvement.
- A small internal research grant for Drs Mariyana Schoultz and Cristina Vasilica to investigate the role of social media use amongst adults with inflammatory bowel disease in UK. The study pilot will collect data on patient patterns and barriers to using social media as well as patient preferences for diseasespecific educational information through Social media led by clinicians, hospitals, and IBD-related organization
- A series of workshops led by Professor Alison Brettle to develop a set of systematic scoping reviews that provided evidence to underpin a research strategy - Kidney Health Inequalities in the UK: Reflecting on the past, reducing in the future launched at the House of Lords in March www.kidneyresearchuk. org/research/renal-reports

For further information contact **Professor** Paula Ormandy: P.Ormanday@ salford.ac.uk or Dr Cristina Vasilica: C.M.Vasilica1@salford.ac.uk

Collaboration with Knowledge for Change (K4C) charity on global health project to reduce antibiotic resistance

Prof Louise Ackers, co-lead of lead of Knowledge Health and Place and Chair of charity Knowledge for Change (K4C), has been awarded funding to develop work on anti-microbial 'stewardship' in Uganda, working with healthcare professionals in low resource settings to improve antibiotic use.

A multi-disciplinary team, headed by **Professor Ackers** and including microbiologists Dr Chloe James and Professor Richard Birtles (from Environment and Life Sciences), as well as non-medical prescribing specialist Clare Liptrott, from the University of Salford, are linking with Tameside and Glossop Hospital, the Ugandan Pharmaceutical Society and the Ugandan AMR Taskforce to improve anti-microbial stewardship in Kabarole District, Uganda.

The project is funded by a consortium, including the Tropical Health and Education Trust, the Department of Health, the Commonwealth Pharmacy Association and the Fleming Fund, and builds on the work of three Salford PhD researchers with support from Knowledge For Change, **Miriam Nantamu** (the impact of science teaching on nurses' management of antibiotics), **Jo Welsh** (the role of the midwife in antibiotic stewardship), and **Gavin Ackers-Johnson** (the growth of antimicrobial resistance in Uganda).

For further information contact **Professor** Louise Ackers: H.L.Ackers@salford.ac.uk







FUNDING TO INVESTIGATE THE IMPACT OF INTERNATIONAL DEVELOPMENT RESEARCH

A team from CARe and the Health Science Research Centre Prof Louise Ackers, Prof Chris Birkbeck, Prof Laurence Kenney, Maaike Seekles, Carolyn Gribble have been awarded 6 months funding from UK Research and Innovation (UKRI) to assess the impact of international development research pre- 2014/2015. The team will work in close collaboration with the UKRI International Development (ID) Team to assess the economic, social and cultural impacts of international development research funded by the research councils before 2015. An overview will be created to show how the outcomes and outputs of ID research have benefitted target countries and regions eligible for Official Development Assistance, in addition to how they addressed the Sustainable Development Goals. Furthermore, by gathering information from researchers, project partners and project beneficiaries, impact case studies will be developed for a number of ID research projects. The work done in this project will be used as part of the preparations for the UKRI 2019 spending review.

For further information contact Professor Louise Ackers: H.L.Ackers@salford.ac.uk



Support & Service Leavers project

On the 18 June findings of a major study, Sanctions, Support & Service Leavers was Launched at the House of Lords. project. Funded by the Forces in Mind Trust (FiMT), this ground breaking project represents the first research in the UK to focus on the experiences of military veterans in the benefits system. The project is a partnership between the University of Salford (Dr Lisa Scullion, Dr Katy Jones, Philip Martin and Dr Celia Hynes) and the University of York (Professor Peter Dwyer), and involves gualitative longitudinal research with veterans and their spouses, along with interviews with a range of key stakeholder organisations. The research involved 120 interviews with ex-Service personnel and found the need for greater understanding of veterans' complex needs and suggests that sanctions are not the answer.

Participants in the study were found to have insecure employment, with several struggling

SHUSU contributions launched in parliament

with debts and rent arrears, and some resorting to foodbanks or "going through the bins". Others live with embarrassment, shame and resentment at a system they call unfair and bewildering.

Universal Credit (UC) appeared to have introduced a further layer of complexity and received damning criticism from respondents leaving the Armed Forces and their families.

The research makes 12 recommendations, which include the need for:

- I the system to ensure that benefit sanctions are not applied to those Veterans experiencing mental and physical health impairments resulting from Service in the Armed Forces.
- an urgent review of the assessment process applied to those claiming working-age incapacity benefits, to ensure assessors are qualified to assess the health needs of people leaving the Armed Forces.
- for the DWP to ensure that Armed Forces background is consistently recorded by Work Coaches to ensure appropriate tracking of the needs of individual veterans and their progress through the system.
- Each Jobcentre to have one designated individual who takes a lead in supporting the ex-Service community.
- Guidance on the UK social security system to be included as part of the transitional support for those leaving the Armed Forces.

Professor Lisa Scullion, Associate Director of the Sustainable Housing and Urban Studies Unit at the University of Salford, who is leading the project, said: "Allowances are made to veterans who claim benefits as part of the Armed Forces Covenant, but until now very little has been known about their experiences within the benefits system. We found people who desperately did not want to claim benefits and only did so as a last resort, but who found the system baffling and had been given little preparation for dealing with it. The majority of ex-Service personnel make a successful transition back to civilian life and there is significant good practice within the DWP and notably among their Armed Forces Champions, but the variation across geographical areas and even within Jobcentres is worrying."

Report is available at: www.fim-trust.org/ wp-content/uploads/2019/06/20190610-FiMT-Final-Report-WEB.pdf

For further information please contact **Prof Lisa Scullion: I.scullion@salford.ac.uk**

SHUSU Sustainable Housing & Urban Studies Unit













Impact of social housing sector on employment support

A report led by Dr Mark Wilding, launched on 20 May in Parliament by Lord Richard Best, forms part of Communities That Work Week (20 – 24 May), demonstrates the social housing sector's significant impact on employment support.

The Housing Works: Assessing the Impact of Housing Association Employment Support demonstrates that housing associations which support their tenants into employment can do so for as little as £25 to £30 per tenant per year, and that job clubs and enterprise development work are particularly successful for social tenants.

The report highlights four key findings:

- Housing associations provide significant and vital employment related support to tenants. Frequently these services are provided by housing associations in order to help meet and deliver organisational priorities, assist with welfare reform changes, and help meet tenant demand.
- There is a business case for housing associations to support tenants into employment, and into full-time employment,

where relevant. Research shows the relationship between tenant employment and reduced rent arrears, with rent arrears decreasing as full-time employment rates increase.

- Investment in employment related support by housing associations positively affects employment levels, with both full-time and part-time employment increasing with investment of up to approximately £30 and £25 per housing unit per year, respectively.
- Housing associations are increasingly using external tools to measure the impact of their employment support, but there are widespread limitations on the use of existing tools. However, the level and quality of data collected on employment related support varied significantly, both at the organisational level and between individual services/ programmes.

The report is available at: thinkhouse.org.uk/2019/shusu0519.pdf

For further information contact: Dr Mark Wilding M.Wilding@salford.ac.uk

SHUSU works with Mayor of Manchester to fight homelessness in Greater Manchester

As reported in the National Centre for Universities and Businesses, State of the Relationship Report, Research staff, including Professor Phil Brown at SHUSU are working with politicians, policy makers, businesses and other partners to help the Mayor of Manchester, Andy Burnham, meet his pledge to end rough sleeping in the region by 2020. The programme itself supports the provision of shelter and support for people sleeping rough across Greater Manchester. Between November 2018 and February 2019 1400 have been supported and more than 400 have been helped into accommodation and off the streets. The SHUSU team have been supporting the ongoing development of this novel "whole society" response to homelessness. This contribution involves hosting meetings, mapping the changes made and developing the evidence base for informed decision making.

The report is available at:

www.ncub.co.uk/reports/state-of-the-relationship-report-2019

For further information contact: Professor Philip Brown P.Brown@salford.ac.uk





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CARe RELATED EVENTS

As well as its own seminar programme, CARe groups and staff contribute to a wide range of events within the University of Salford and beyond.

CARe at Salford Research Festival

The Festival of Research is a month-long programme (17 June-12 July) showcasing the research being carried out across the University of Salford.

The festival brings together academics, students, industry and the public to discuss and develop the future research strategy.

CARe staff and students contributed in a range of ways.

On Friday 28th June the Social Prescribing Hub, led by **Dr Michelle Howarth,** hosted and event Personalised Care: Making it happen through research and practice.

The event brought together academics, practitioners and members of the third sector to discuss research, share experiences from Occupational Therapy to discuss challenges and opportunities for offering social prescribing placements within the new nursing curriculum and the integrated care context of Greater Manchester.

At the heart of the festival is the Postgraduate Research flagship conference SPARC, where festival goers can enjoy performances, music, family friendly fun and opportunities to meet with students and staff, share research interests and experiences. Professor Alison Brettle Chaired the 3 Minute Thesis, a national competition where Doctoral Researchers present their research in a user friendly format in under 3 minutes. CARe members did well for SPARC awards: Caroline Namukwaya, won the best presentation in the health session and Professor Alison Brettle was runner up for Supervisor of the Year.

On July 12th the CYP Research bus made an appearance at Research in the Park where staff and students from across the University demonstrated their research in Peel Park.



Symposiums in Salford

Dr Anthony Ellis hosted at Salford a oneday symposium for British Sociological Association's Violence Study Group. Anthony has considered the relationship between austerity and rising levels of violence in an article in the British Journal of Criminology entitled, "A De-civilizing Reversal or System Normal? Rising Lethal Violence in Post-Recession Austerity UK".

Dr Carlos Frade and Dr Tom Redshaw organized a one-day symposium in June 2019 at University of Salford entitled "Reclaiming the Social", with distinguished speakers on digital culture and society. The symposium connects with the research interests of several CLDR colleagues in addition to Carlos and Tom and links with the MSc in Digital Society that is due to be launched in September.

Social Prescribing Meets Royalty

On the 3rd April 2019, **Dr Michelle Howarth** was an invited guest at Clarence House to meet HRH the Prince Of Wales in recognition of the work that Michelle undertakes within the National Social Prescribing Network. Approximately, 40 people from a wide range of organisations and professional groups met the Prince and discussed social prescribing. The event was also attended by Matt Hancock and Donna Kinnair. Michelle met the Prince and described her work with the network and the University. It was a fabulous opportunity to shine a light on the good work in Salford.

IN THE NEWS

The RHS Wellbeing Garden was highlighted on Look North West in July. This garden is being evaluated by Michelle Howarth and Cormac Lawler as part of the work within the Salford Social Prescribing Hub. Up to 75 participants will be referred from a local Enhanced Care Team, to the RHS for theraputic horticulture within the Wellbeing Garden. The programme and evaluation is funded through a joint bid to Salford SPCT Innovation forum and is due to complete in April 2020.

Dr Anthony Ellis discussed the relationship between austerity and rising levels of violence its implication on the LSE Politics and Policy Blog: blogs.lse.ac.uk/ politicsandpolicy/what-explainsthe-rising-levels-of-lethal-violence/ and in a piece for The Conversation: theconversation.com/homicide-ratesare-up-in-young-men-austerity-andinequality-may-be-to-blame-112980

In May 2019 Prof. Greg Smith could be heard on the special programme about the ideas of Erving Goffman on BBC Radio 4's long-running Thinking Allowed programme, hosted by Laurie Taylor.

Dr Daiga Kamerāde's research on work, health and well-being with colleagues at the University of Cambridge attracted a great deal of media interest with the question, "How much work is good for you?". The answer, the researchers found, is a day a week. It is reported in: Kamerāde, D., Wang, S., Burchell, B., Balderson, S. U., & Coutts, A. (2019). A shorter working week for everyone: How much paid work is needed for mental health and wellbeing? Social Science & Medicine,

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POST-GRADUATE RESEARCH NEWS

Changes in PGR

As part of the School of Health and Society Unification, there has been some changes to the Post Graduate Research Team and PGR students from across the old Schools of Health and Society and Health Sciences now form one group of over 170 PGRs. Professor Alison Brettle has handed over the baton of PGR Director to Dr Yeliz Prior (formerly PGR Director for the School of Health Sciences). Two Deputy PGR roles have been created: Dr Michelle Howarth is now responsible for Progressions and Training (so any issues with IAs or IEs should be directed to her in the first instance) and Dr Mariyana Schoultz is responsible for Admissions and Marketing (and will be pleased to deal with any supervisor queries and requests). In the short term Alison remains responsible for the research component of the Professional Doctorate and has continued to work on the development of our Split Site Model of provision. CARe is delighted to host our group of split site PhD students from Aga Khan University attending the UK as part of their research training throughout July.

Welcome to our new PGRs

PGRs within the School of Health and Society may now become members of CARe or Health Science Research Centre. CARe would like to welcome Judith Auma, Kleio Cossburn, Matthew Dodd, Nicky Fishburn, Matthew Ford, Jane Gibson, Julie Johnson, Jude Jones, Gillian Southgate, Charlie Taylor. Five of these (Matthew, Jane, Nicky, Julie and Gillian) are the first DProf cohort to attend our newly developed Saturday Schools. These have been established primarily to support our outstanding professional Doctorate students who work at a high level across health and social care and have joined the research component of our Professional Doctorate, aiming to complete within 3 years. Saturday Schools will be rolled out to other Professional Doctorate Students and PGRs over the coming months.

Congratulations to our new Doctors!

As our PGR student community grows – so does our rate of completions. Congratulations to the following who have successfully achieved



their Doctorates in the last few months: Abdallah Alasmari; Sumaia Almadani, Maha Alreshidi, Nojoud Alreshidi, Sabah Alsomali, Rasha Al-Turki, Charles Arewa, Ivett Ayodele, Clair Carson, Anne-Marie Day, Natalie Fairhurst, Emma Haynes, Anthony Hesketh, Amanda Miller, Tracy O'Regan, Hassan Osman, Melanie Stephens, Natasha Tyler, Reemah Yousef.

Outstanding PGR Prize winner

Our outstanding PGR award has gone to Anne-Marie Day who was supervised by Prof Neal Hazel and Prof Andrew Clark. Anne Marie was one of our Pathways to Excellence Students – who has truly demonstrated this in many ways. Prior to commencing the PhD she was Senior Policy Advisor for the Youth Justice Board and during her doctoral journey (as well as writing a thesis) she fully embraced academia, and all the opportunities on offer. She presented academic papers at a number of national conferences; guest edited and written a journal articles; contributed to the Prison Reform Trust Review (The Laming Review) on the criminalisation of children in care and the Howard League project on the criminalisation of children in care. She joined the University of Bedfordshire as a Research Associate on the pathways for children in care into and out of custody; was invited by Ann Coffey MP to attend an All Parliamentary Party Group on looked after children who runaway from care and engaged with a wide range of teaching in different settings. On top of all this she began her PhD with two children, and gave birth to a third during her first year. A true superwoman and well deserved award. Well done Anne-Marie.







SCIENTIFIC PAPERS PUBLISHED:

Ackers, HL, Ackers-Johnson, J, Ahmed, A and Tate, NJ 2019, **'Optimising student learning on international placements in low income settings'**, Open Journal of Social Sciences, 7 (3), pp. 311-327.

Ahmed, A, Ormandy, P and Seekles, ML 2019, 'An examination of how the 'Household Model' of care can contribute to positive ageing for residents in the 'Fourth Age'', OBM Geriatrics, 3 (1).

Al-Gamal, EA, Long, T and Shehadeh, J 2019, **'Health satisfaction and family impact of parents of children with cancer : a descriptive cross-sectional study'**, Scandinavian Journal of Caring Sciences.

Alenezi, A, McAndrew, SL and Fallon, P 2019, **'Burning out physical and emotional fatigue : evaluating the effects of a progamme aimed at reducing burnout amongst mental health nurses'**, International Journal of Mental Health Nursing.

Campbell, S Clark, AJ, Keady, J, Kullberg, A, Manji, Rummery, K and Ward, R 2019, **'Participatory** social network map making with family carers of people living with dementia', Methodological Innovations, 12 (1).

Connelly, LJ 2019, 'Teaching Grenfell : the role of emotions in teaching and learning for social change', Sociology.

Davidson, D, Paine, AE, Glasby, J, Williams, I, Tucker, H, Crilly, T, Crilly, J, Le Mesurier, N, Mohan, J, Kamerāde, D Seamark, D and Marriott, J 2019, 'Analysis of the profile, characteristics, patient experience and community value of community hospitals : a multimethod study', Health Services and Delivery Research, 7 (1).

Dwyer, P, Scullion, LC, Jones, KE ORCID: https://orcid. org/0000-0002-8090-4557 and Stewart, A 2019, **'The impact of conditionality on the welfare rights of EU migrants in the UK'**, Policy & Politics, 47 (1) , pp. 133-150.

Ellis, AJ 2019, 'A de-civilizing reversal or system normal? Rising lethal violence in post-recession austerity United Kingdom', The British Journal of Criminology.

Howarth, ML and Donovan, H 2019, **'Social** prescribing : the whys, wherefores and implications for nurses & prescribers.', Journal of Prescribing Practice, 1 (2) , pp. 94-98. Leigh, JA, Rowe, ME and Inglesby Burke, E 2019, **'Implementation of the Future Nurse standards in Higher Education'**, British Journal of Nursing, 28 (11) , pp. 730-732.

Lyons, G, McAndrew, S and Warne, T 2019, 'Disappearing in a female world : men's experiences of having an eating disorder (ED) and how it impacts their lives', Issues in Mental Health Nursing.

Madoc-Jones, I, Hughes, C, Gorden, C, Dubberley, S, Washington-Dyer, K, Ahmed, A, Lockwood, KA and Wilding, MA 2019, **'Rethinking preventing homelessness amongst prison leavers'**, European Journal of Probation, 10 (3), pp. 215-231.

Morriss, L and Smith, GWH 2019, **'The story of the nearest relative : shifts in footing in dramaturgical replayings'**, Qualitative Sociology Review, 15 (2) , pp. 74-88.

Nxumalo Ngubane, S, McAndrew, SL and Collier, E 2019, **'The experiences and meanings of recovery for Swazi women living with 'Schizophrenia'**, Journal Of Psychiatric & Mental Health Nursing .

Paasonen, S, Light, BA and Jarrett, K 2019, **'The dick pic : harassment, curation, and desire'**, Social Media + Society, 5 (2).

Patel, TG and Connelly, LJ 2019, **"Post-race' racism in the narratives of 'Brexit' voters'**, The Sociological Review , pp. 1-17.

Permana, I, Ormandy, P and Ahmed, A 2019, **'Maintaining harmony : how religion and culture are interwoven in managing daily diabetes self care'**, Journal of Religion and Health.

Roddy, JK and Gabriel, L 2019, **'A competency** framework for domestic violence counselling', British Journal of Guidance & Counselling.

Seekles, ML, Ormandy, P and Coyne, E 2019, 'Mapping the UK renal psychosocial workforce : the first comprehensive workforce survey', BMC Nephrology, 20 (100).

Moore, T, Berry, S, Ambrose, A, Goodchild, B and Maye-Banbury, A 2019, 'Coping with extremes, creating comfort: user experiences of 'low-energy' homes in Australia', Energy Research & Social Science, 51 (May 19), pp. 44-54. Tischler, V, Schneider, J, Dening, T, Garabedian, C, Crawford, P and Innes, A 2019, 'Stronger together : learning from an interdisciplinary Dementia, Arts & Wellbeing Network (DA&WN)', Arts & Health: An International Journal for Research, Policy and Practice.

Whitaker, EM and Atkinson, P 2019, 'Authenticity and the interview : a positive response to a radical critique', Qualitative Research.





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BOOKS AND BOOK CHAPTERS PUBLISHED:

Lawrence S and Crawford G (eds) Digital Football Cultures: Fandom, Identities and Resistance, Routledge (https://www. routledge.com/Digital-Football-Cultures-Fandom-Identities-and-Resistance/Lawrence-Crawford/p/book/9780815360209).

Crawford G and Hancock, D (eds) **Cosplay** and the Art of Play: Exploring Sub-Culture Through Art, Palgrave Macmillan two books follow hard on the heels of Crawford, G and Muriel D **Considering the Role and Importance of Video Games in Contemporary Society, Routledge** (https://www.routledge.com/Video-Games-as-Culture-Considering-the-Role-and-Importance-of-Video-Games/ Muriel-Crawford/p/book/9781138655119

Gibbons, AR 2019, **'The Real Housing Crisis and How We Overcome it'**, in: Doorways, House Sparrows Press.



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